

Nutrition Science Syllabus

Teacher: Mr. Swart

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Phone: (845) 247 6651 Ext. 1423

Room: 423

Course Materials:

- Spiral Notebook, College Ruled
- Writing utensils (Pencils)
- Folder for handouts

Course Description:

NutritionScience is a semester-long course for high school students, designed to teach science skills as they apply to food preparation, food production, and human nutrition. Students will explore the science behind many food preparation principles, the food production industry, and the structure and function of all of the essential nutrients. This class meets every day for 41 minutes and has no prerequisites.

Unit(Estimated date of completion):

1. Factors that influence food choices and nutritional status
2. Making nutritional food choices
3. Nutrients and nutrition guidelines
4. Growing Food
5. Processing/Transporting food

Grading:

- Projects.....35%
- Homework/Participati.....35%
- Tests/Quizzes.....30%

Classroom Expectations:

1. Students will come into class prepared, ready to put forward their best effort, and most importantly ready to learn. Participation is extremely important for this class.
2. Respect is very important. Students will be respectful to their teacher and their fellow students at all times.
3. If a student is absent, it is their responsibility to come and talk with me to find out what they missed-check Google Classroom on a regular basis.
4. All cellphones will be away during class, unless told to use for educational purposes.

Make up work/Extra Help:

For any students who may need to make up a lab or any work that they have missed and for those students who would like extra help, I am very happy to stay after or make my lunch available for those students. I am available most days after school, posting the days I have extra help on my board.